

Hold me, I'm yours...  
Reading recommendations from your local Librarians

July 20, 2020

**Browse our virtual bookshelf until you can browse in person. Below are some of our staff's favourite newly arrived and on-order books.**

**OUR SPOTLIGHT TITLE:**

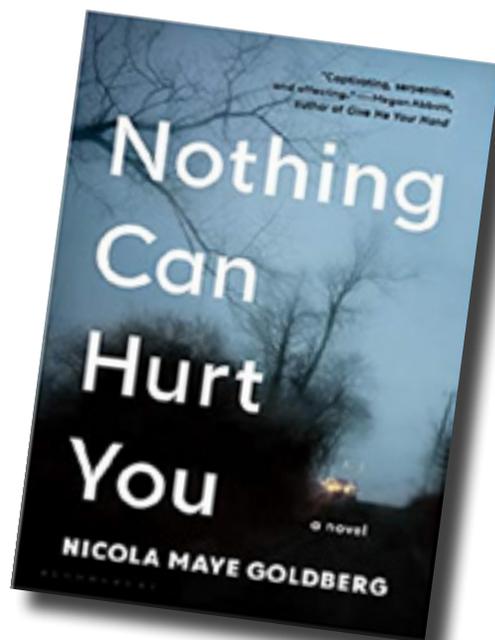
**NOTHING CAN HURT YOU**  
by Nicola Maye Goldberg

**Click [here](#) to place a hold in our catalogue.**

In *Nothing Can Hurt You* Goldberg weaves together the stories of people whose lives have been affected, to a greater and lesser degree, by the murder of college student Sara Morgan in 1997. Killed by her handsome boyfriend Blake Campbell during a schizophrenic episode, he is later found not guilty due to temporary insanity. As questionable as the verdict is, Sara's murder receives less attention than it should due to the arrest and trial of a local serial killer.

The story opens with the finding of Sara's body by a local housewife and then recounts, chapter by chapter, a snapshot of each character's life well after Sara's murder. From the murderer's sister trying to raise a troubled child, to the victim's psychic mother who speaks to Sara daily, to the small town reporter who covered the story, to Sara's half-sister who, although too young at the time of Sara's death to remember her, is nonetheless obsessed with finding her murderer.

Well written and strong on dialogue and character development, *Nothing Can Hurt You* is not the story of a murder, but the story of resilience in the face of the randomness of life, and the ability of the human spirit to continue living past the hurt and trauma as life, indeed, does go on.



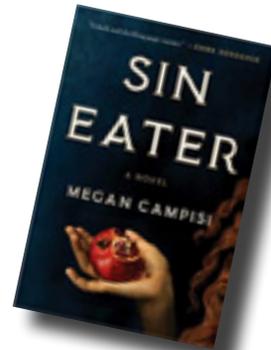
**ST. CATHARINES PUBLIC LIBRARY**  
**[www.stcatharines.library.on.ca](http://www.stcatharines.library.on.ca)**

## ALSO TRY:

### **SIN EATER** by Megan Campisi

[Click here to place a hold in our catalogue.](#)

Sentenced to be a Sin Eater for stealing bread, 14 year old May Owens, orphaned and alone sets out to find her place in a world where sin eaters are neither seen nor heard. Her fate as a Sin Eater is to forever hear the final confessions of the dying and absorb their sins by eating symbolic foods that reflect those sins. Described as "The Handmaid's Tale" meets "Alice in Wonderland" and loosely set against the backdrop of a semi-dystopian Tudor England, May becomes entangled in a palace plot that shows her the worth of who she truly is.



### **YOU ARE NOT ALONE** by Greer Hendricks

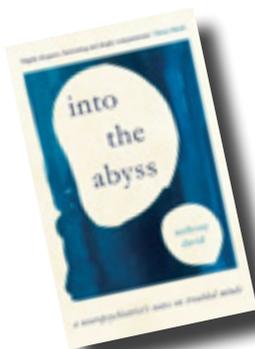
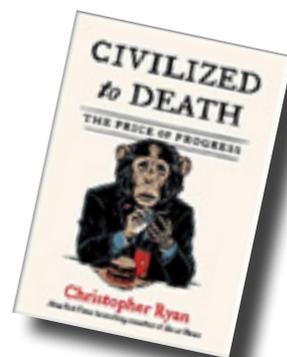
[Click here to place a hold in our catalogue.](#)

A psychological thriller from the bestselling authors of *The Wife Between Us*, *You Are Not Alone* is the story of lonely temp Shay Miller, who witnesses a stranger commit suicide and realizes that only a thin veneer separates her life from that of the stranger. Shay becomes consumed by the stranger's life and becomes part of her circle of friends, only to be caught in the uncertainty of their promise, (or is it a threat), that she is not alone.

### **CIVILIZED TO DEATH** by Christopher Ryan

[Click here to place a hold in our catalogue](#) or on [CloudLibrary](#).

Ryan asks the question are we any happier as a so called "civilized species" than we were as hunter-gathers? He questions what he calls NPP, the "Narrative of Perpetual Progress" which states that we must move forward and progress is always good. Sure we have airplanes, antibiotics and modern plumbing, but this comes at the cost of car accidents, and surging rates of diabetes and depression. Ryan measures hunter-gathers vs. civilization by looking at how each social structure deals with egalitarianism, mobility and gratitude. Not surprisingly, its hunter-gathers 3, civilization 0.



### **INTO THE ABYSS: A NEUROPSYCHIATRIST'S NOTES ON TROUBLED MINDS** by Anthony David

[Click here to place a hold in our catalogue.](#)

In the tradition of Oliver Sacks, and after 28 years as a cognitive neuropsychiatrist, Anthony David presents a series of case studies detailing the complexity of the human mind. Each case is unique but all are a search for the cause of mental illness, whether it is biology, trauma or individual psychology.



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